Sexual Addiction Screening Test

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| YES | NO |  |
| \_\_\_\_\_ | \_\_\_\_\_ | 1. Were you sexually abused as a child or adolescent? |
| \_\_\_\_\_ | \_\_\_\_\_ | 2. Do you regularly purchase romance novels or sexually explicit magazines? |
| \_\_\_\_\_ | \_\_\_\_\_ | 3. Have you stayed in romantic relationships after they became emotionally or physically abusive? |
| \_\_\_\_\_ | \_\_\_\_\_ | 4. Do you find yourself preoccupied with sexual thoughts or romantic daydreams? |
| \_\_\_\_\_ | \_\_\_\_\_ | 5. Do you feel that your sexual behavior is not normal? |
| \_\_\_\_\_ | \_\_\_\_\_ | 6. Does your spouse (or significant other) ever worry or complain about your sexual behavior? |
| \_\_\_\_\_ | \_\_\_\_\_ | 7. Do you have trouble stopping your sexual behavior when you know it is inappropriate? |
| \_\_\_\_\_ | \_\_\_\_\_ | 8. Do you ever feel bad about your sexual behavior? |
| \_\_\_\_\_ | \_\_\_\_\_ | 9. Has your sexual behavior ever created problems for you and your family? |
| \_\_\_\_\_ | \_\_\_\_\_ | 10. Have you ever sought help for sexual behavior you did not like? |
| \_\_\_\_\_ | \_\_\_\_\_ | 11. Have you ever worried about people finding out about your sexual activities? |
| \_\_\_\_\_ | \_\_\_\_\_ | 12. Has anyone been hurt emotionally because of your sexual behavior? |
| \_\_\_\_\_ | \_\_\_\_\_ | 13. Have you ever participated in sexual activity in exchange for money or gifts? |
| \_\_\_\_\_ | \_\_\_\_\_ | 14. Do you have times when you act out sexually followed by periods of no sex at all? |
| \_\_\_\_\_ | \_\_\_\_\_ | 15. Have you made efforts to quit a type of sexual activity and failed? |
| \_\_\_\_\_ | \_\_\_\_\_ | 16. Do you hide some of your sexual behavior from others? |
| \_\_\_\_\_ | \_\_\_\_\_ | 17. Do you find yourself having multiple romantic relationships at the same time? |
| \_\_\_\_\_ | \_\_\_\_\_ | 18. Have you ever felt degraded by your sexual behavior? |
| \_\_\_\_\_ | \_\_\_\_\_ | 19. has sex or romantic fantasies been a way for you to escape your problems? |
| \_\_\_\_\_ | \_\_\_\_\_ | 20. When you have sex, do you feel depressed afterwards? |
| \_\_\_\_\_ | \_\_\_\_\_ | 21. Do you regularly engage in sado-masochistic behavior? |
| \_\_\_\_\_ | \_\_\_\_\_ | 22. Has your sexual activity interfered with your family life? |
| \_\_\_\_\_ | \_\_\_\_\_ | 23. Have you been sexual with minors? |
| \_\_\_\_\_ | \_\_\_\_\_ | 24. Do you feel controlled by your sexual desire or fantasies of romance? |
| \_\_\_\_\_ | \_\_\_\_\_ | 25. Do you ever think your sexual desire is stronger than you are? |

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NAME DATE # YES

ANSWERS