Sexual Addiction Screening Test

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| YES   | NO  |   |
| \_\_\_\_\_  | \_\_\_\_\_  | 1. Were you sexually abused as a child or adolescent?  |
| \_\_\_\_\_  | \_\_\_\_\_  | 2. Do you regularly purchase romance novels or sexually explicit magazines?  |
| \_\_\_\_\_  | \_\_\_\_\_  | 3. Have you stayed in romantic relationships after they became emotionally or physically abusive?  |
| \_\_\_\_\_  | \_\_\_\_\_  | 4. Do you find yourself preoccupied with sexual thoughts or romantic daydreams?  |
| \_\_\_\_\_  | \_\_\_\_\_  | 5. Do you feel that your sexual behavior is not normal?  |
| \_\_\_\_\_  | \_\_\_\_\_  | 6. Does your spouse (or significant other) ever worry or complain about your sexual behavior?  |
| \_\_\_\_\_  | \_\_\_\_\_  | 7. Do you have trouble stopping your sexual behavior when you know it is inappropriate?  |
| \_\_\_\_\_  | \_\_\_\_\_  | 8. Do you ever feel bad about your sexual behavior?  |
| \_\_\_\_\_  | \_\_\_\_\_  | 9. Has your sexual behavior ever created problems for you and your family?  |
| \_\_\_\_\_  | \_\_\_\_\_  | 10. Have you ever sought help for sexual behavior you did not like?  |
| \_\_\_\_\_  | \_\_\_\_\_  | 11. Have you ever worried about people finding out about your sexual activities?  |
| \_\_\_\_\_  | \_\_\_\_\_  | 12. Has anyone been hurt emotionally because of your sexual behavior?  |
| \_\_\_\_\_  | \_\_\_\_\_  | 13. Have you ever participated in sexual activity in exchange for money or gifts?  |
| \_\_\_\_\_  | \_\_\_\_\_  | 14. Do you have times when you act out sexually followed by periods of no sex at all?  |
| \_\_\_\_\_  | \_\_\_\_\_  | 15. Have you made efforts to quit a type of sexual activity and failed?  |
| \_\_\_\_\_  | \_\_\_\_\_  | 16. Do you hide some of your sexual behavior from others?  |
| \_\_\_\_\_  | \_\_\_\_\_  | 17. Do you find yourself having multiple romantic relationships at the same time?  |
| \_\_\_\_\_  | \_\_\_\_\_  | 18. Have you ever felt degraded by your sexual behavior?  |
| \_\_\_\_\_  | \_\_\_\_\_  | 19. has sex or romantic fantasies been a way for you to escape your problems?  |
| \_\_\_\_\_  | \_\_\_\_\_  | 20. When you have sex, do you feel depressed afterwards?  |
| \_\_\_\_\_  | \_\_\_\_\_  | 21. Do you regularly engage in sado-masochistic behavior?  |
| \_\_\_\_\_  | \_\_\_\_\_  | 22. Has your sexual activity interfered with your family life?  |
| \_\_\_\_\_  | \_\_\_\_\_  | 23. Have you been sexual with minors?  |
| \_\_\_\_\_  | \_\_\_\_\_  | 24. Do you feel controlled by your sexual desire or fantasies of romance?  |
| \_\_\_\_\_  | \_\_\_\_\_  | 25. Do you ever think your sexual desire is stronger than you are?  |

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 NAME DATE # YES

 ANSWERS